

The Pennsylvania Youth Survey 2021

How can we maintain healthful trends that show decreasing drug and alcohol use while addressing the increased mental health concerns?

Why are the Pennsylvania Youth Survey (PAYS) results important?

- Garnet Valley School District has been attentive to the information PAYS provides and works continuously to address student needs based on data
- The participation rate of 83.4% (PA- 54.2%) is high and representative of the student experience in the 6th, 8th, 10th, and 12th grades
- The dynamic partnership of the district and parents who comprise the GVCTC has been galvanized through PAYS and has united to face past and future challenges

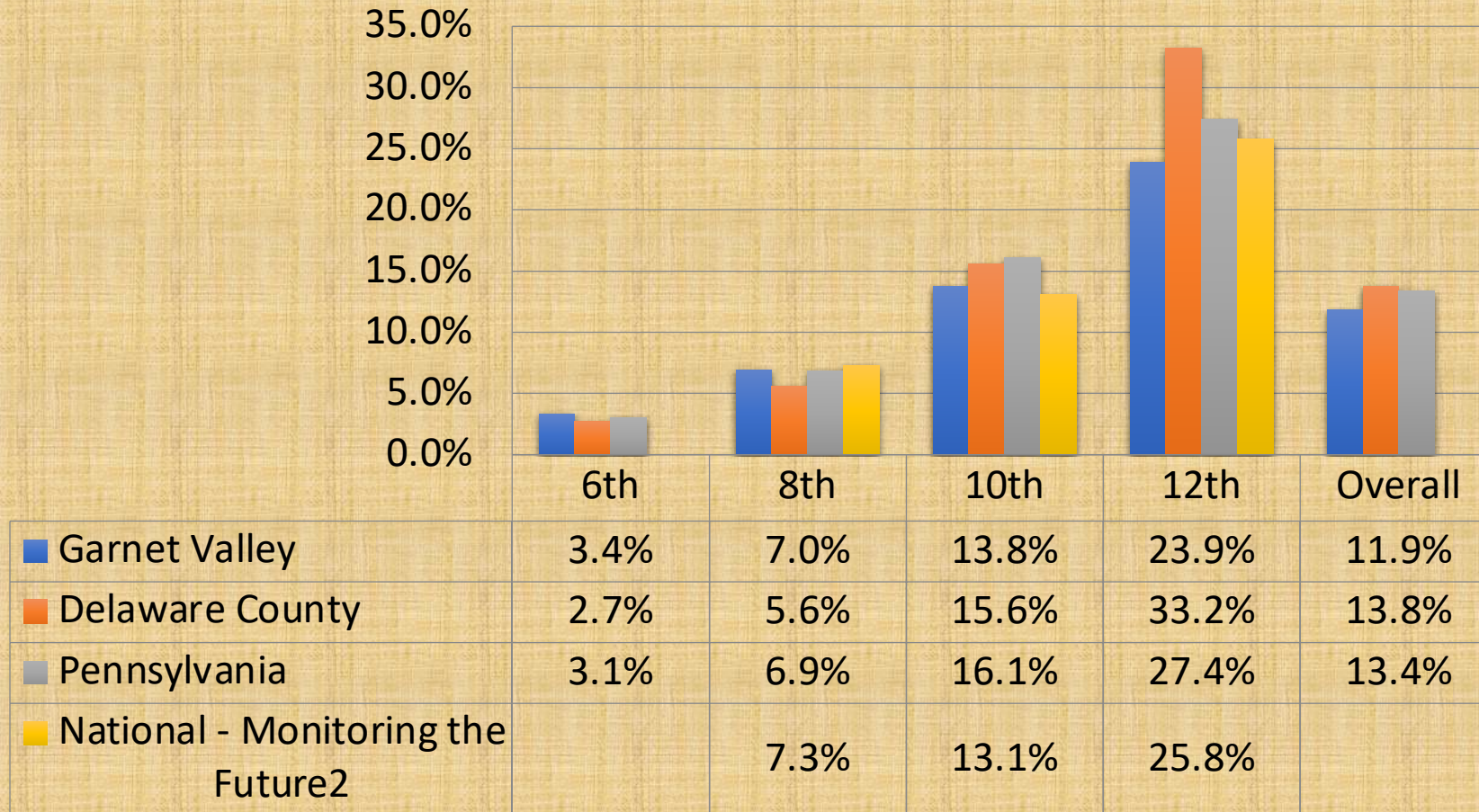
What is the substance use behavior of most Garnet Valley Youth aged 11-18?

- Does not drink alcohol
 - 88% report no Past 30-Day Use of Alcohol
 - Higher than the State average (86.6 %)
- Does not smoke Cigarettes
 - 99.5% report no Past 30-Day Use of Cigarettes
 - Higher than the State average (97.7%)
- Does not smoke Marijuana
 - 95.3% report no Past 30-Day Use of Marijuana
 - Slightly higher than the State average (93%)
- Does not Vape
 - 91.6% report no Past 30-Day Use of Vape products
 - Higher than the state average (87%)
- Has never been suspended from school
 - 97.6% report no suspensions
 - Higher than the state average (94.8%)

Past 30-Day Use – Alcohol

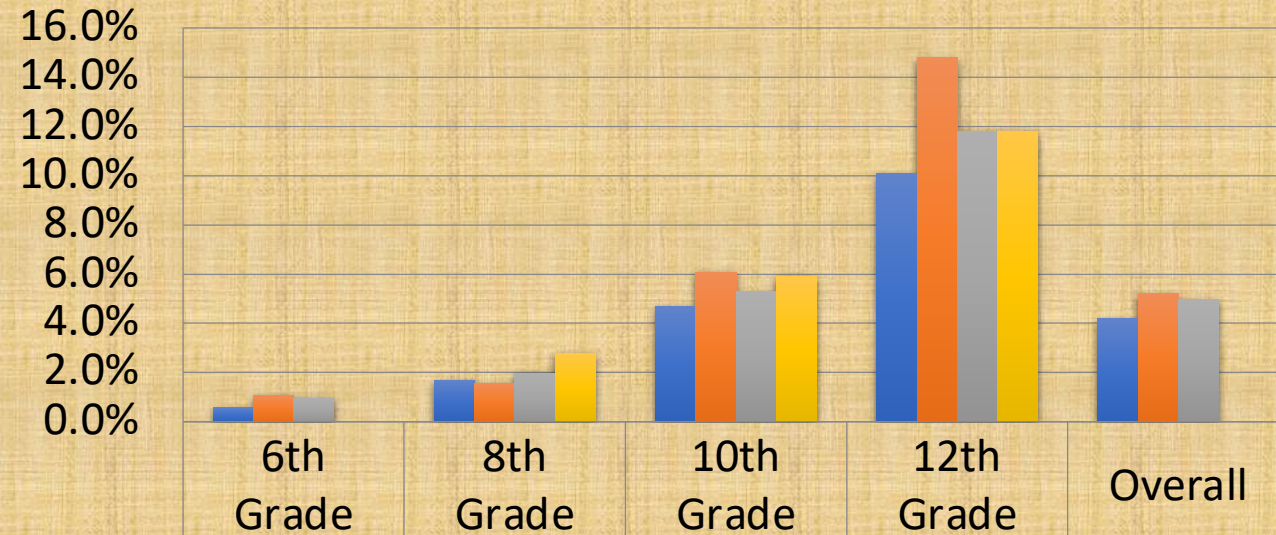
Garnet Valley School District, Pennsylvania and National Comparison 2021

Overall, alcohol use in Garnet Valley is lower than levels found in the county, state, and nation.



Binge Drinking Garnet Valley, Delaware County, Pennsylvania and National Comparison 2021

Garnet Valley youth report on average lower rates of binge drinking than the county, state, and national percentages.

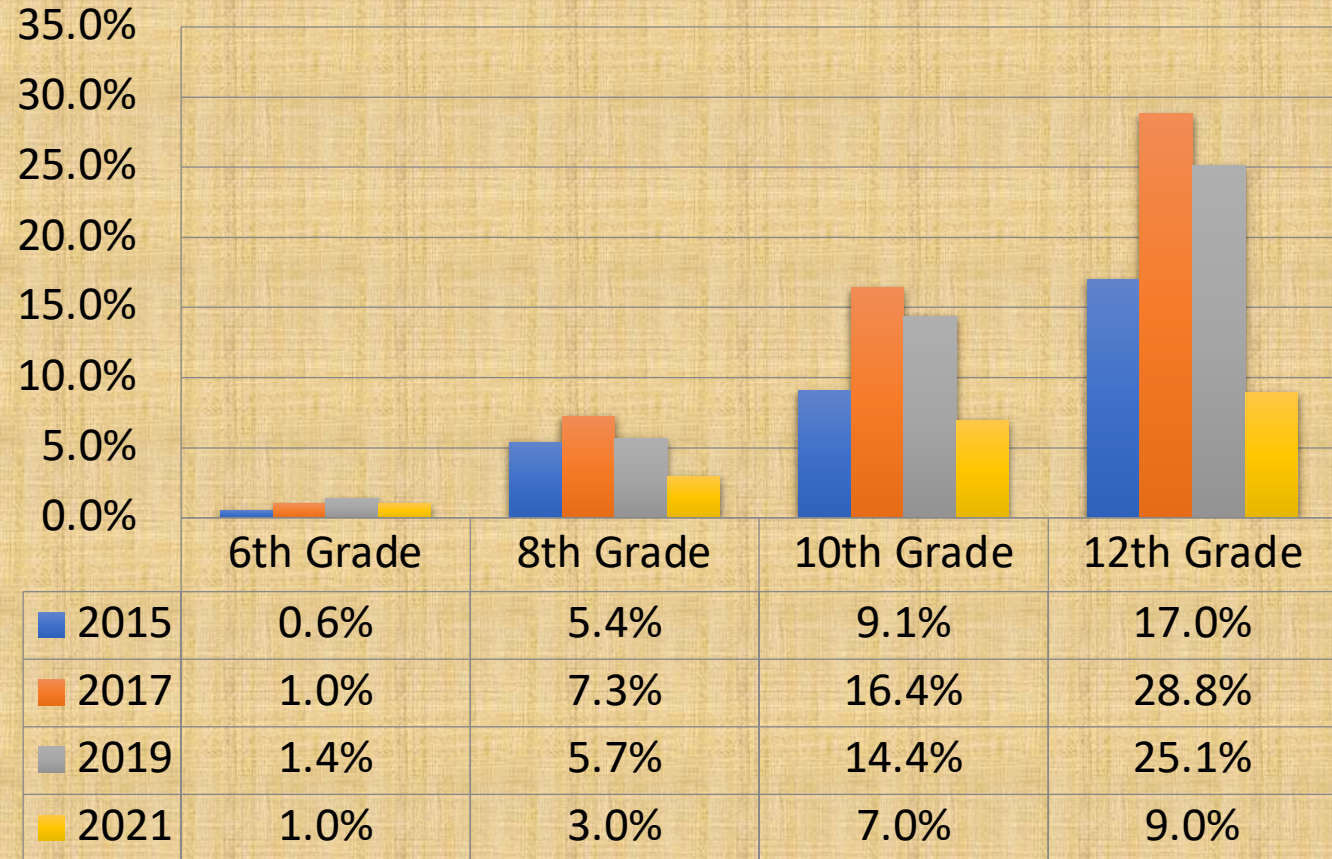


	6th Grade	8th Grade	10th Grade	12th Grade	Overall
■ Garnet Valley SD	0.6%	1.7%	4.7%	10.1%	4.2%
■ Delaware County	1.1%	1.6%	6.1%	14.8%	5.2%
■ Pennsylvania	1.0%	2.0%	5.3%	11.8%	5.0%
■ National - Monitoring the Future		2.8%	5.9%	11.8%	

Past 30-day use –Vaping/e-cigarettes

Garnet Valley’s youth report that their use of vape pens has decreased from 2015 to 2021.

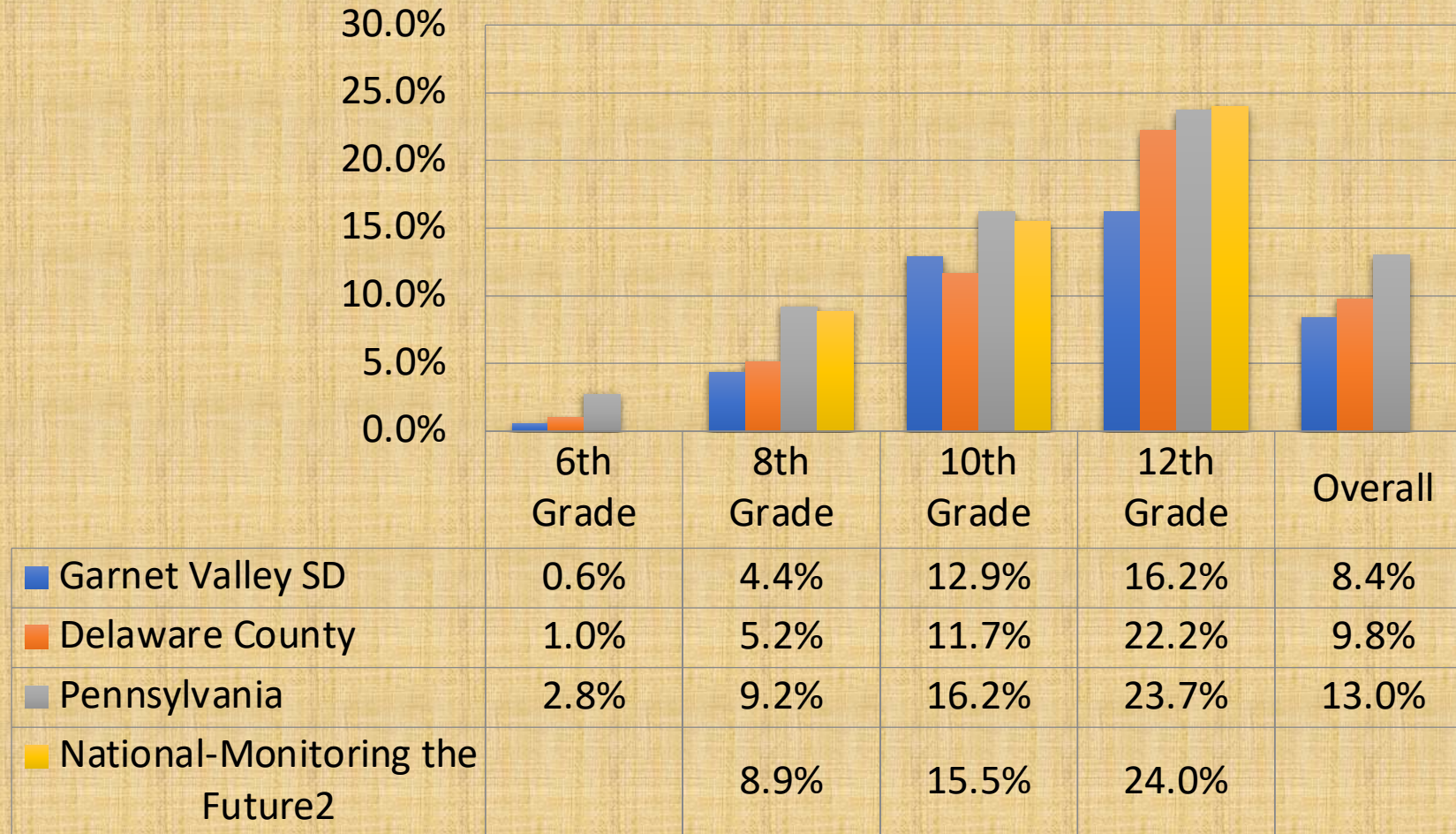
- GV Vape use declining



Past 30-Day Use – Vaping/e-cigarettes

Garnet Valley, Delaware County, Pennsylvania, and National Comparison 2021.

Overall, Garnet Valley’s reported use of vaping is lower than the county, state, and national levels.

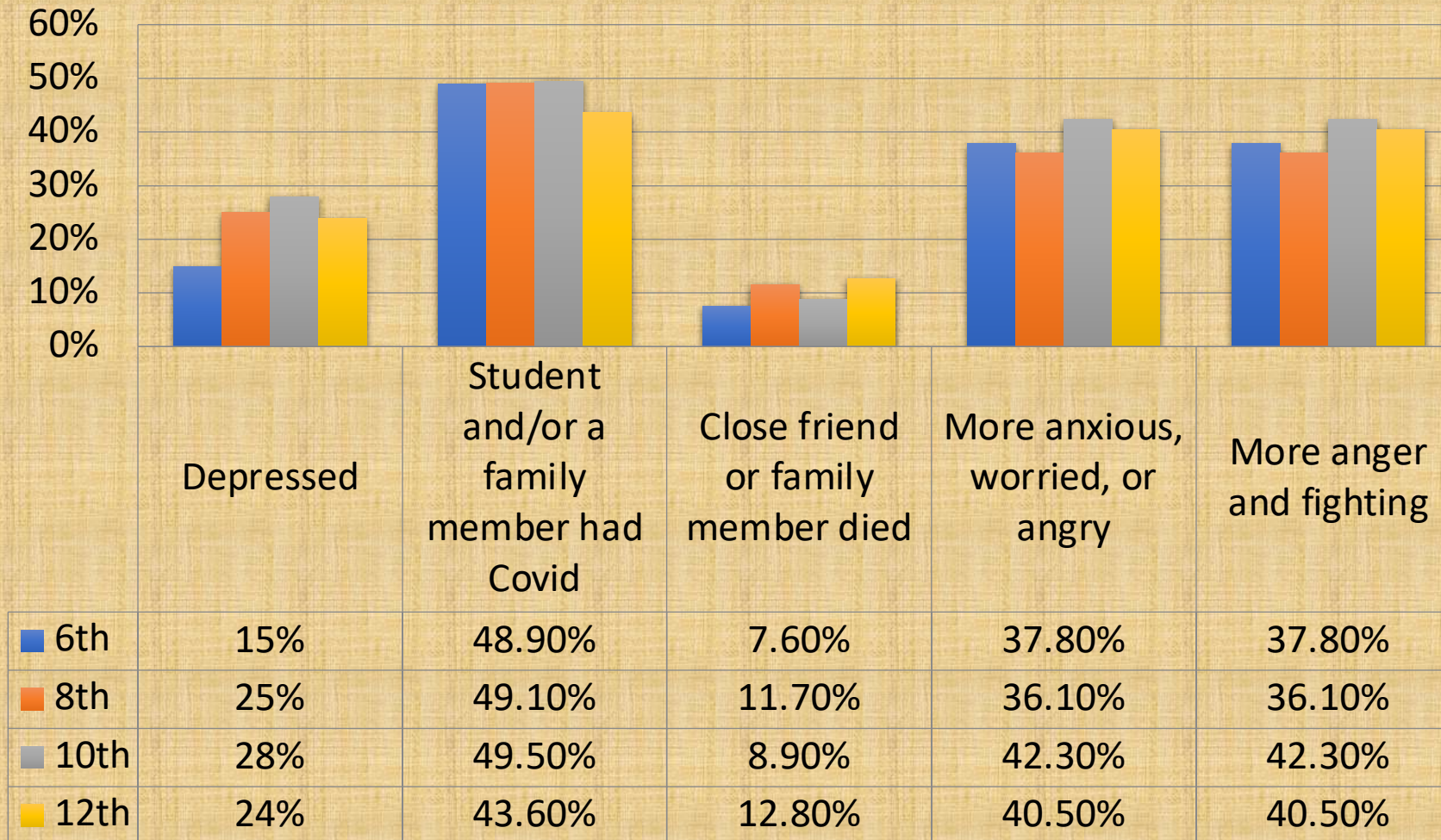


What is on the mind of most Garnet Valley Youth aged 11-18?

- Worries impacted some students
 - 60% report no anxiety or worries
 - 40% report being impacted by anxiety and worries
- Experiences with Covid illness
 - 52% did not have Covid themselves or in their families
 - 48% either had Covid or someone close to them did
 - 21% lost a close friend or family member to Covid
- Possible rise in feelings of anger and fighting
 - 60% did not report feeling more anger or fighting more
 - 40% reported feeling angrier and fighting more
- More quality family time including more meals together
 - 55% enjoyed more family time together
 - 41% reported more family meals together
- New hobbies were started and new ways to relax were found
 - 58% started a new hobby
 - 28% were able to find ways to feel more relaxed

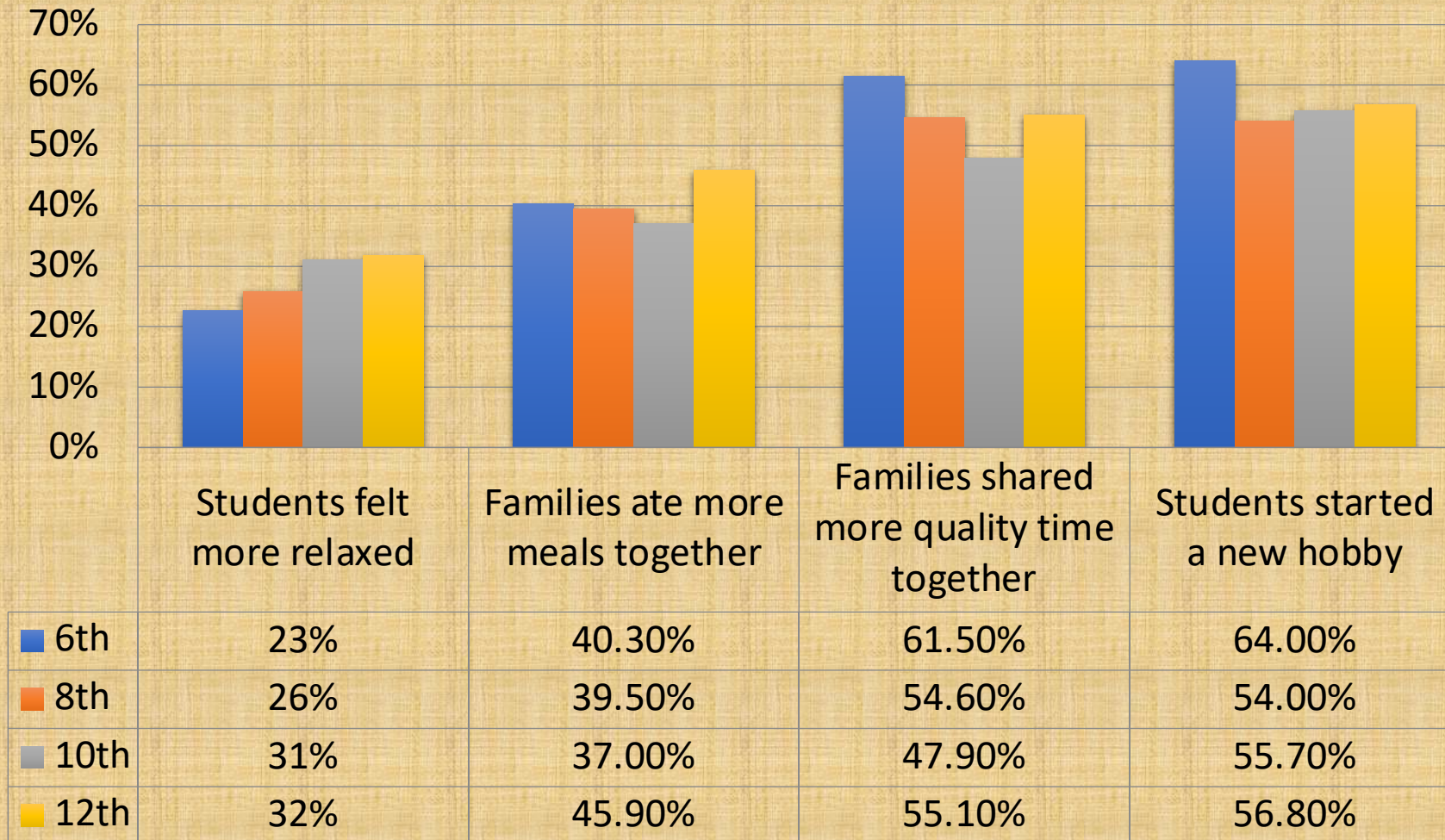
Pandemic Stressors

Student reports of stresses related to the pandemic



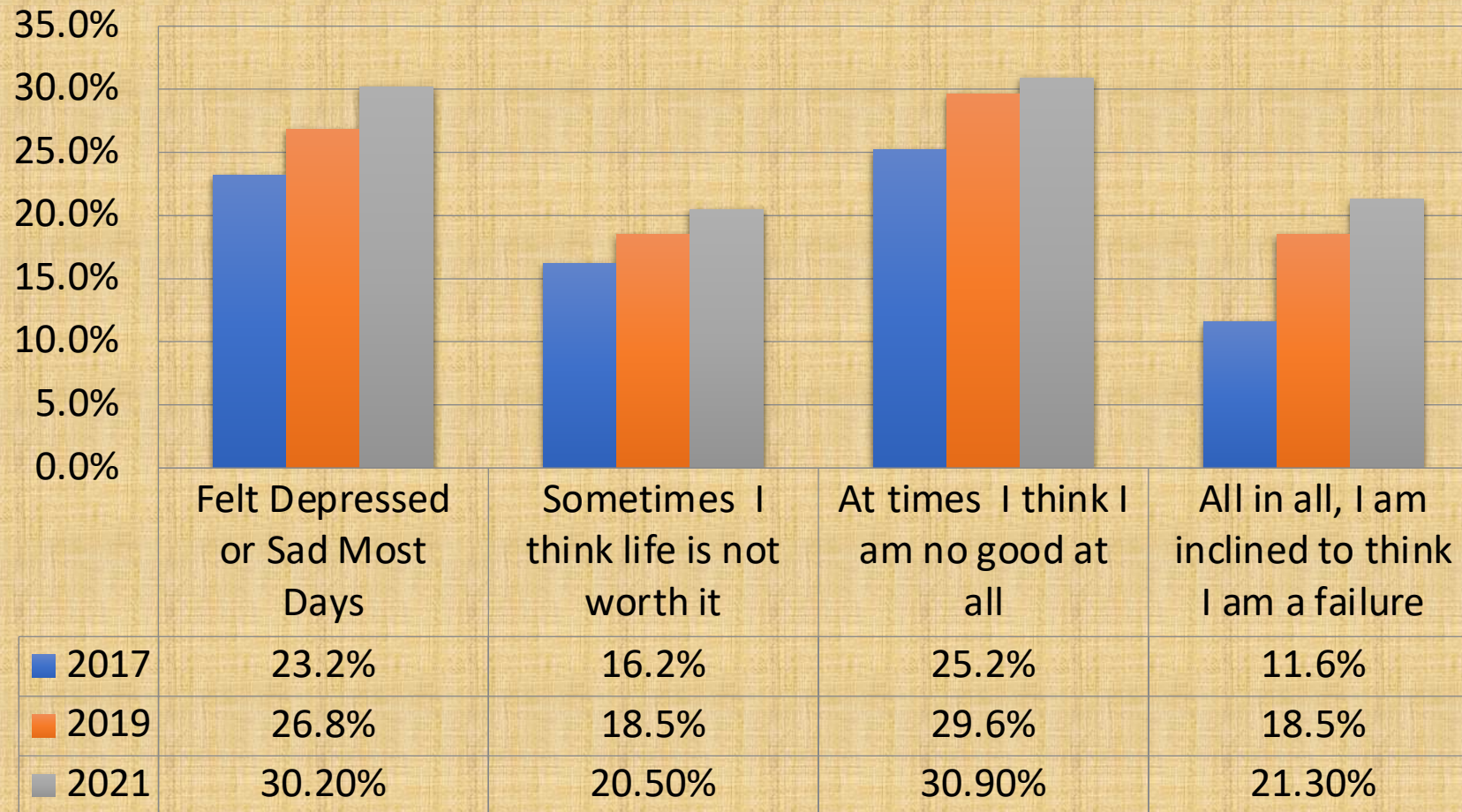
Positive Pandemic Effects

Student reports of positive changes related to the pandemic



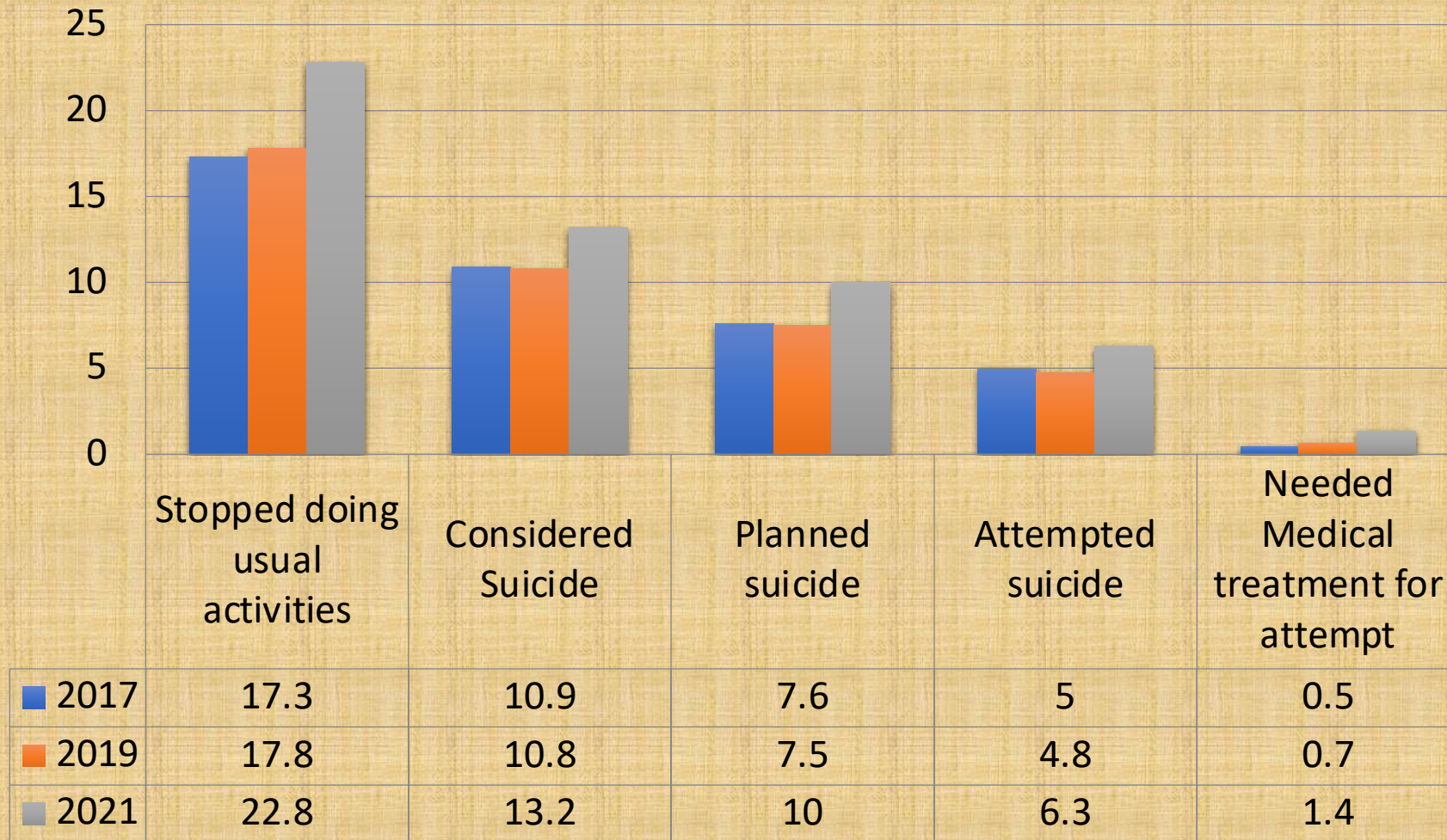
Symptoms of Depression in the form of concerning statements have increased

Overall rates (combined 6th, 8th, 10th, and 12th Grade)



Suicide Risk

Self-harm behaviors and thoughts have increased
 Overall rates (combined 6th, 8th, 10th, and 12th Grade)



Take Aways – positive and negative

- There was an increase in quality family time
- More family meals happened
- Students found new hobbies and ways to relax
- Drug and alcohol use declined
- Bereavement for family and friends lost to Covid increased
- Emotions such as anxiety, anger, worry, and aggression increased for some
- More students struggled with suicidal thoughts and behavior while community resources for mental health decreased